



Parental Control on Internet- Enabled Devices

A Practical Guide

David Ogunshola





Most children spend between 3–7 hours daily in front of screens.

Can you account for the time your child spends on their device or on TV?





What are our children doing online?

- Watching video clips (59%)
- Listening to music (56%)
- Playing games (54%)
- Doing homework (47%)
- Interacting with family and friends (47%)
- Social networking (40%)
- Looking up information (38%)
- Upload videos, photos and music (27%)

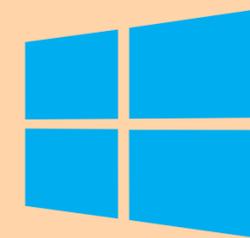


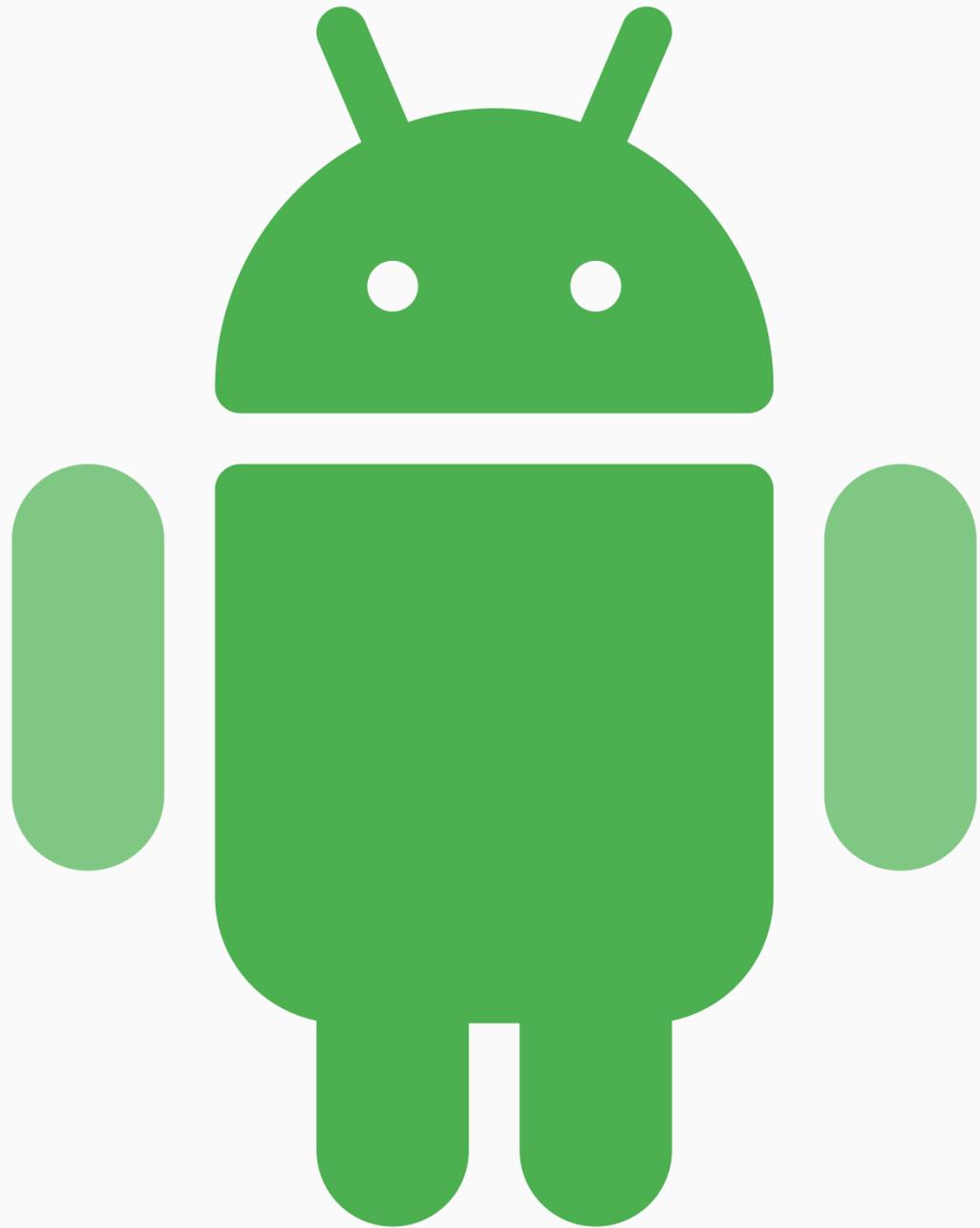
Three Places to Secure

01 Mobile Devices

02 Computers

03 Cable TV



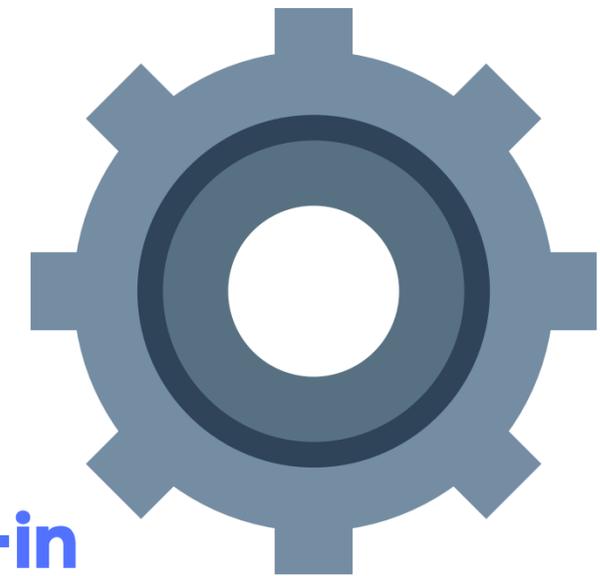


Protecting an Android Device?

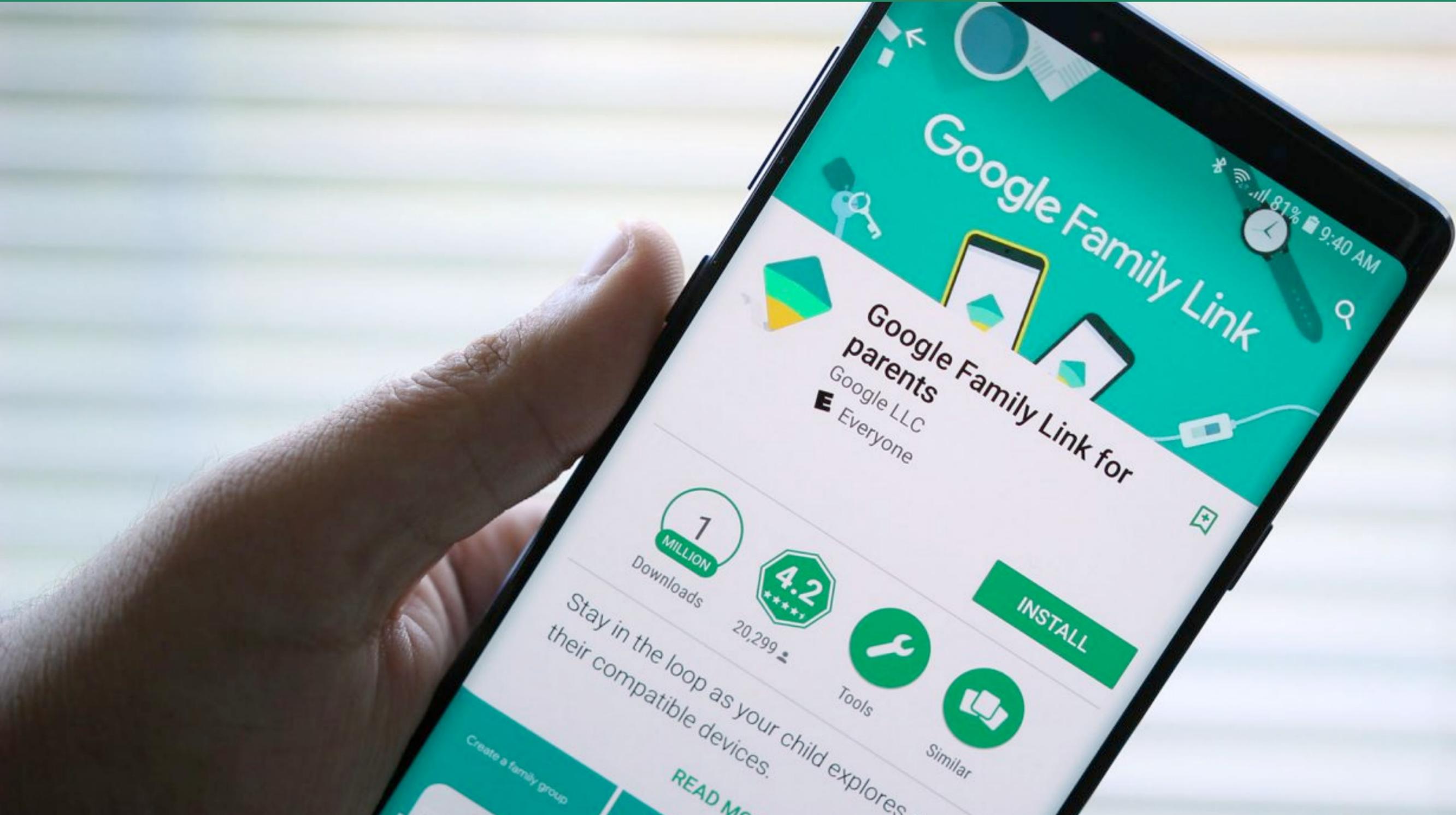


What you can do with Google Family Link App

1. **Manage the apps your child can use**
2. **Approve or block apps your child wants to install from the Google Play Store**
3. **See how much time their child spends on their apps with weekly or monthly activity reports**
4. **Set daily screen time limits for your child's device**
5. **Set daily limits for individual apps**
6. **Set a device bedtime**
7. **See your child's device location**
8. **Remotely lock your child's device**
9. **See all devices where your child's account is signed-in**
10. **Play a sound to locate a child's device**



Download Google Family Link to your device



Create Child Google Accounts for your Children

Create email from within the App

Manage Family Members at families.google.com

You can share Google services with up to six family members, including yourself. Family Link lets you manage settings for members under 13 (or applicable age in your country). [Learn more](#)



David Ogunshola
Family manager



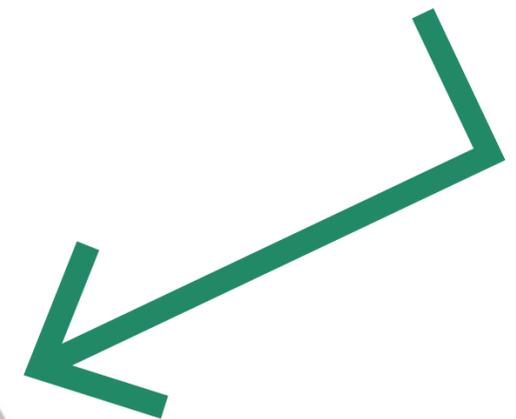
Araoluwa Ogunshola
Supervised member



Eyo Ogunshola
Supervised member



Invite family member
3 invitations left



Install the App on your Children's Devices

Once you have a family setup, you can open Family Link on your own device and follow the steps to setup Family Link to control child devices.

You'll be prompted to install the kids and teens version of the app on their phone too - make sure you have the right version on each phone.

Requirement: Android 7.0+ device, works on some Android 5 and 6 phones

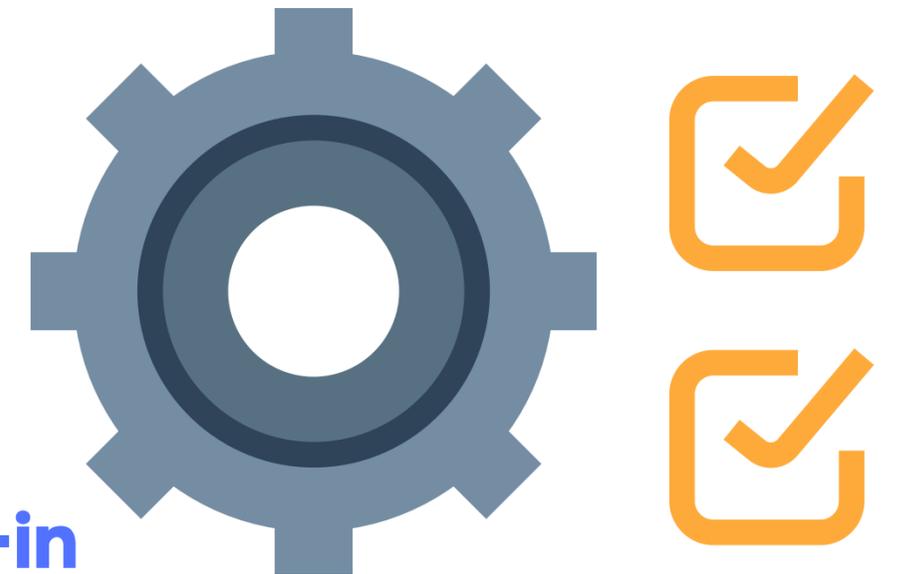
Install the App on your Children's Devices

You, as the parent, can run Family Link on either an Android device or an iOS device in order to manage Google accounts for kids under 13.

When your child turns 13, he or she will graduate to a normal Google Account, but you can still supervise devices through Family Link.

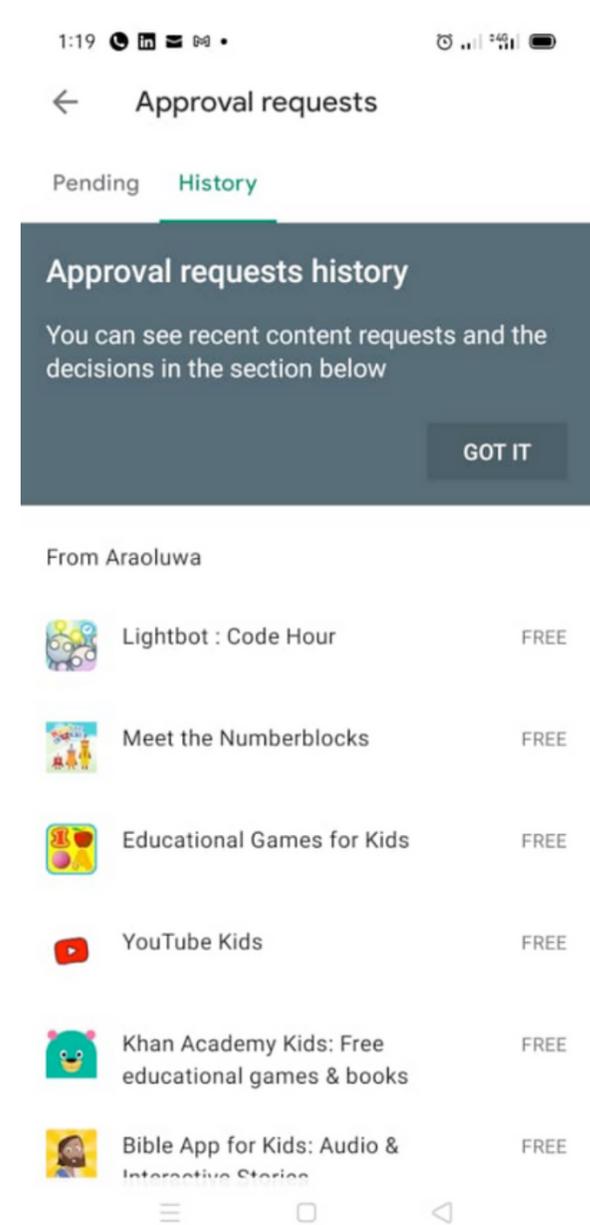
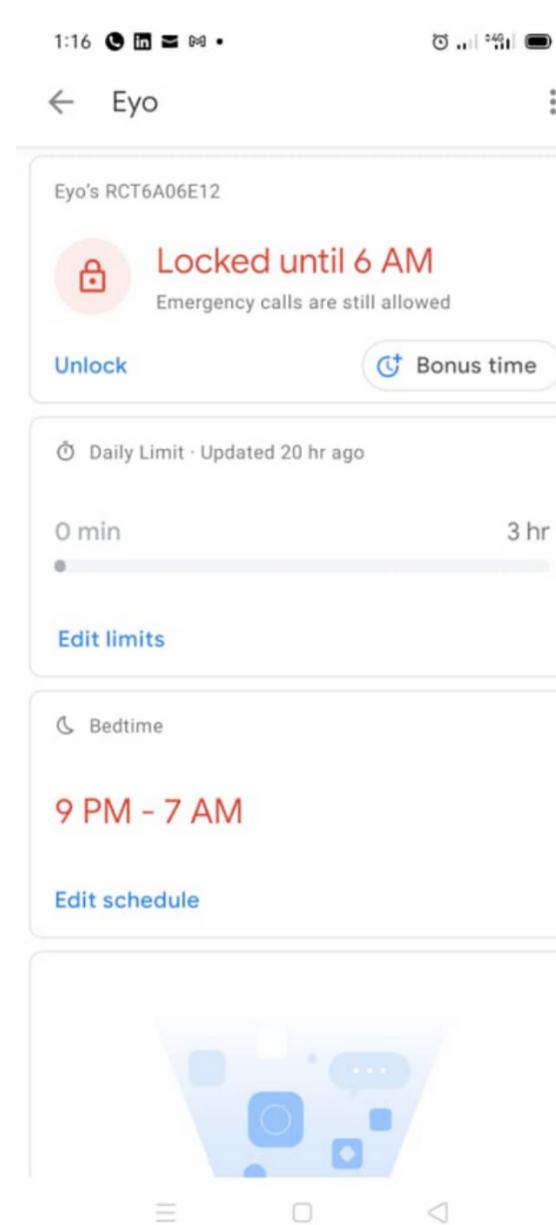
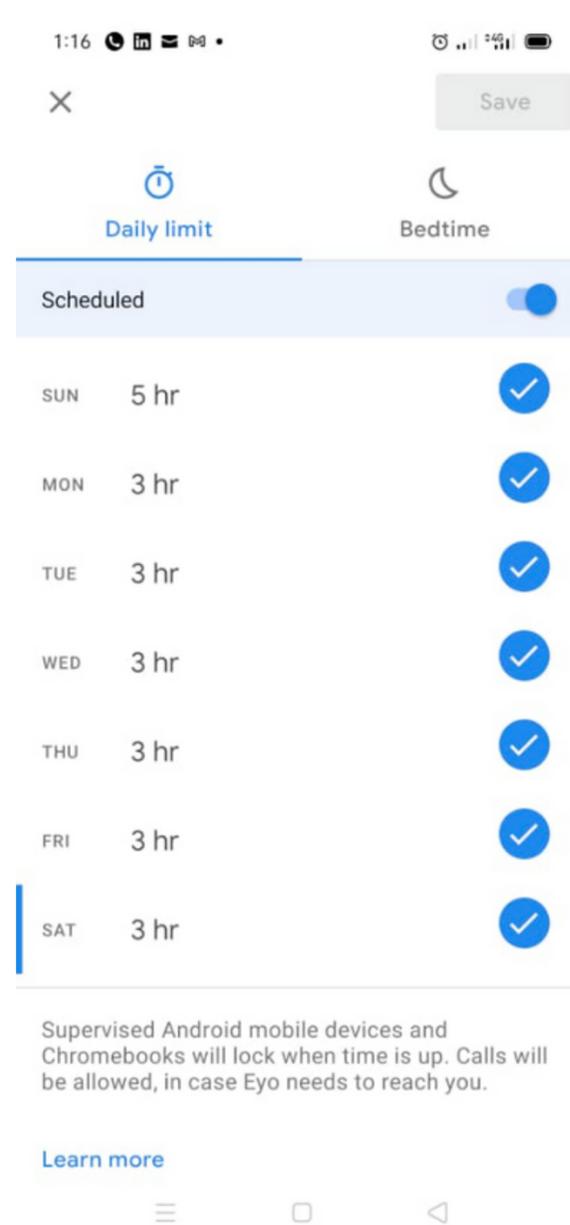
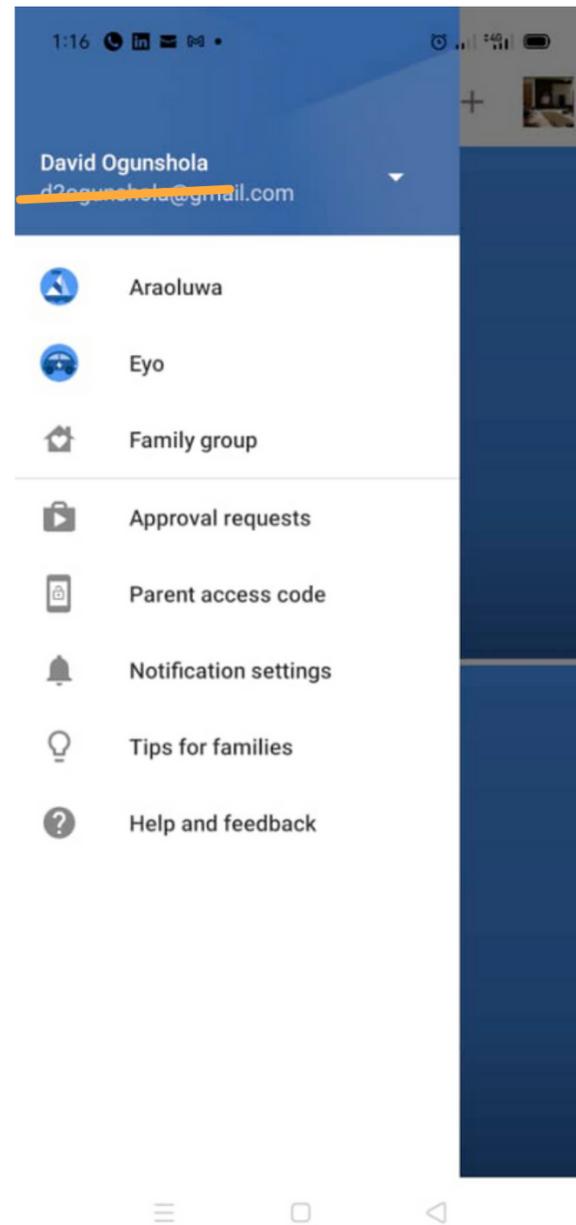
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There is even more you can do when you explore.

Some real screenshots

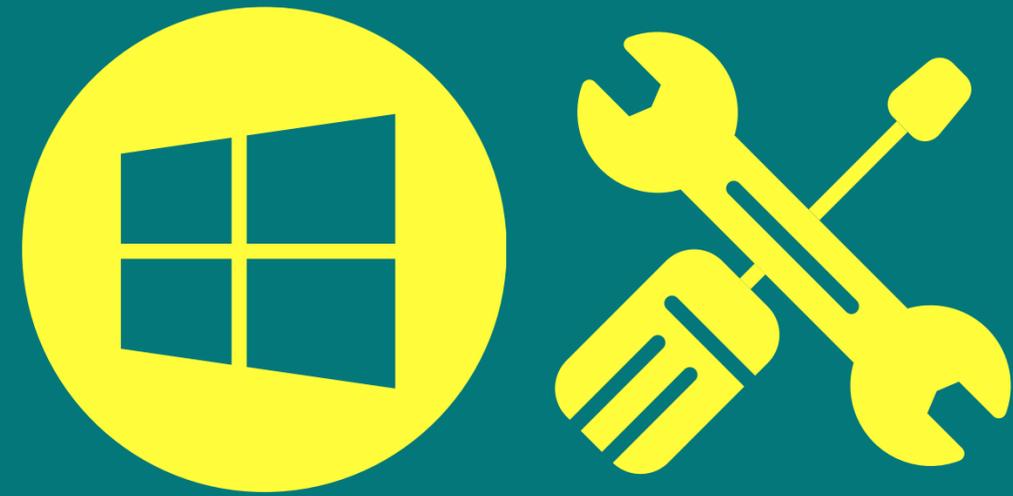




Protecting your child's laptop?

1. Google Family Link also runs on Chromebooks
2. Windows has a Parental Control Feature from Windows 7 upwards
3. Macbooks also have Parental Control features

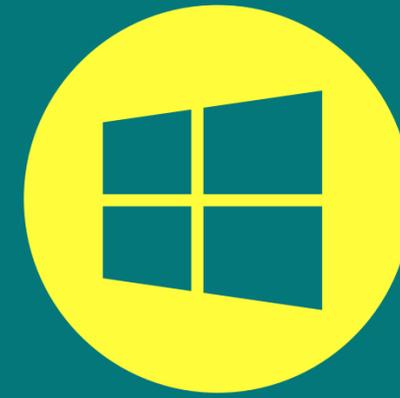
Parental Control on Windows Computers



Allows you to:

- Generate activity reports on app or game use, browser history, web searches, and screen time
- Limit screen time for Windows 10 or Xbox One through weekly schedules
- Restrict app and game use for each device
- Block inappropriate websites and apps
- Manage the child's wallet and purchasing permissions in the Microsoft Store
- Track the child's location on an Android device running Microsoft Launcher (or a Windows 10 phone)

How to Create a Child Account in Windows 10



- Open the Start menu and select the cog icon (settings)
- Click on "Accounts" to access the Accounts Settings menu.
- Select the "Manage Your Account" option.
- Select the "Family & Other Users" tab on the left and then click on the plus sign (+) next to "Add A Family Member."
- Select "Add A Member." If your child has an email address, enter it here and click "Next." If not, you can click "Create An Email Address For A Child" to set up a free email account for them through Microsoft Outlook.
- If this child is under 13, their child account will be ready to go instantly.

How to Manage Parental Controls for Windows 10



- While you can create your child's account directly in Windows 10, you will be directed to the Microsoft Family website to manage and monitor the accounts you've created for your family. You can still create users from this website.
<https://account.microsoft.com/family/>
- From the Microsoft Family website, you can view each of the accounts that you've added. All parental control settings are turned off by default, so you'll need to enable each feature individually. This also helps to give you a better understanding of each feature.
- Select "Activity" under any account and enable the "Activity Reporting" toggle. This lets you track the activity of this account either through regular email reports or by returning to this menu at any time.



Protecting your child's Mac?

You can Set up content and privacy restrictions in Screen Time on Mac

But before you can set up content and privacy restrictions, you need to turn on Screen Time.



Marisa Cavanna

App Usage

Notifications

Pickups

Downtime

App Limits

Communication

Always Allowed

Content & Privacy

Content & Privacy Restrictions: On

Turn Off...

Restrict explicit content, purchases, downloads, and privacy settings.

Content Stores Apps Other

- Web Content:
 - Unrestricted Access
 - Limit Adult Websites
 - Allowed Websites Only

- Allow:
 - Explicit Language in Siri & Dictionary
 - Web Search Content in Siri
 - Music Profiles

- Game Center:
 - Allow Adding Friends
 - Allow Private Messaging
 - Allow Avatar & Nickname Changes
 - Allow Profile Privacy Changes

- Multiplayer Games:
 - Allow with Everyone
 - Allow Nearby Multiplayer



Don't forget to turn on **Google SafeSearch** on all your own devices if you have children use your phones or laptops for research and homework.

Protect them from seeing unwanted results.

Android Phone

Go to
More > Settings > General
and switch on SafeSearch.

On your iPhone/iPad,

Go to Settings > Search
Settings > SafeSearch filters
> and enable Filter explicit
results. Then tap Save.

On your Laptop

Go to the Google Search Page, click on "Settings" at
the bottom and select "Search Settings"
Check the "Turn on SafeSearch" checkbox under
the "SafeSearch Filter" section at the very top.
Click Save

Movie Ratings you should know

G - General Audience

Movies in this category of rating can be watched by all ages, kids, teens and adults.

PG

Parental Guidance Suggested

Parents are advised to guide their kids if they must view such movies with their kids because they contain contents you won't want for your kids. if you won't be there to guide them, the movie is a No-No for your kids.

PG-13

Parents Strongly Cautioned

Require parents to be cautious as such movies are not appropriate for kids below the ages of 13. A lot of movies in these categories are unsuitable for pre-teenagers.

R - Restricted

This rating is for films specifically designed to be viewed by adults and therefore may be unsuitable for children under 17.

NC-17: Clearly Adult

This rating just simply signals that the content is appropriate only for an adult audience (ages 18 and above). No One 17 And Under Admitted.

≡ TV Show Ratings you should know

Y: All Children

Intended for children ages 2 to 6 and is not designed or expected to frighten.

Y7: For Older Children

Intended for children ages 7 and older. Some content could frighten younger children (under age 7).

Y7 FV: Fantasy Violence

Intended for older children. Contains fantasy violence more combative than TVY7 programs.

G: General Audience

Intended for all ages. Contains little or no violence, no strong language and little or no sexual dialogue or situations.

PG: Parental Guidance Suggested

Intended for younger children in the company of an adult.

14: Parents Strongly Cautioned

Intended for children ages 14 and older in the company of an adult.

MA: Mature Audience Only

Intended for adults and may be unsuitable for children under 17. Possibly contains crude indecent language, explicit sexual activity or graphic violence.



Labels to Watch out for on your Movies

NETFLIX



iROKOTV.com

showmax



S - Sex

V - Violence

N - Nudity

L - Strong Language

Examples: SVL, SL, NL, SVNL

Tells you what to expect in those movies.



Why else are these important?

1. **Responsibility:** we are ultimately responsible for what our children see and do online
2. **Child Protection Law (CPL):** children and young persons law. Someone observing you can sue you for negligence and for not being able to take care of your child. Adopted in different states.
3. **Child Right Act:** a child has a right to later sue a parent or guardian in the future for not stopping them from being exposed to some things which have had a negative effect on them.





Thank you for being a
responsible parent.

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